Love Your Lady Parts: Join the Movement to End Women’s Cancers
Real Housewife Camille Grammer Serves as National Spokeswoman

98,000 women will be diagnosed with a gynecologic cancer this year – that’s another mother, daughter, sister, friend or colleague every five minutes. Too many are diagnosed in the late stages, and nearly a third will die.

Far too few women – or men – know how to recognize the symptoms of these cancers, and where to turn for the best treatment and outcomes. Risks rise with age, weight and other factors. The Foundation for Women’s Cancer supports survivors and works to raise awareness and research funding to defeat gynecologic cancers.

Camille Grammer, Real Housewife of Beverly Hills and one-year survivor of endometrial cancer, lends her voice and celebrity as National Chair of the 2015 National Race to End Women’s Cancer. Camille is a third generation gynecologic cancer survivor: her grandmother had endometrial cancer; her mother was diagnosed with ovarian cancer at 47 and continues to fight her battle today; and she is a one-year survivor of endometrial cancer.

“I have been in the public eye as a Real Housewife of Beverly Hills for several years. Most of my fans don’t know that I have been also a longtime advocate for gynecologic cancer awareness, due to my family’s health history,” says Camille. “I am committed to raising awareness as spokeswoman and National Race Chair, and I consider this one of the most important roles of my life.”

The Foundation for Women’s Cancer applauds the great success and strides made by the breast cancer movement, and hopes for similar success in its own efforts. As one passionate survivor noted, it’s time to think outside the bra and focus on our other lady parts – to raise awareness and research funding to defeat these less talked about, below-the-belt women’s cancers. It’s time to Love Your Lady Parts!

The Foundation urges all women to:

1. LEARN the symptoms
2. LISTEN to your bodies
3. ACT by getting regular checkups; report all unusual symptoms that persist for more than two weeks; and seek care from a gynecologic oncologist – specialists with an additional seven years of training – for the best outcomes.
Symptoms of GYN Cancers

What are the symptoms? They vary for the different GYN cancers: cervical, uterine/endometrial, ovarian, vaginal and vulvar.

**Cervical**
- Bleeding after intercourse
- Excessive discharge and abnormal bleeding between periods

**Uterine/Endometrial**
- Abnormal vaginal bleeding
- Bleeding after menopause; even brown spotting or a single spot after menopause should be checked

**Ovarian**
- Bloating
- Pelvic or abdominal pain
- Difficulty eating or feeling full quickly
- Urinary symptoms: urgency or frequency

**Vaginal**
- Bleeding
- Pain
- Problems with urination or bowel movements

**Vulvar**
- Itching
- Burning
- Bleeding
- Pain
- New lump or ulcer in genital area

For more information on risks, prevention and treatment of gynecologic cancers, please see How to Maintain Your Gynecologic Health on the Foundation for Women’s Cancer website.

**National Race to End Women’s Cancer**

The National Race to End Women’s Cancer is the Foundation’s major annual awareness and fundraising event, supporting all our efforts. Held in early November in Washington, DC, this inspiring weekend unites survivors, loved ones, surgeons and other health providers, sponsors, runners and other supporters – gathered together with one voice to cast a bright light on cancers that have been kept in the dark too long.

Join Camille Grammer and the thousands of other women – mothers, sisters, daughters, friends -- whose lives have been affected. Love Your Lady Parts and support this growing national movement to end women’s cancer. Learn more at endwomenscancer.org.