



FOUNDATION FOR  
WOMEN'S CANCER



Gynecologic Cancer  
Awareness • Research • Education

# Quick Guide to Ovarian Cancer Information

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A RESOURCE FROM THE  
FOUNDATION FOR WOMEN'S CANCER

[foundationforwomenscancer.org](http://foundationforwomenscancer.org)

## **If you are diagnosed with ovarian cancer, you are not alone.**

More than 20,000 women are diagnosed with ovarian cancer each year. To ease the burden of this diagnosis, the Foundation for Women's Cancer created *Quick Guide to Ovarian Cancer Information* — a listing of ovarian cancer resources from organizations throughout the US.

Our hope is that this guide will enable you to locate relevant information as quickly and easily as possible.

**To use this guide** simply check-off the resources you are interested in, place postage on each self-addressed, perforated postcard and drop it in the mail. In most cases, your materials will arrive in about three weeks. If any listing has a black box next to it, this means the item is not available by mail.

Organizations without a mailing address do not provide materials via mail, but may provide online, phone or in-person support.

**If you have any questions or wish additional information, please contact the Foundation at 312.578.1439 or [info@foundationforwomenscancer.org](mailto:info@foundationforwomenscancer.org).**

## American College of Obstetricians and Gynecologists (ACOG)

202.863.2518 • [acog.org](http://acog.org) • [resources@acog.org](mailto:resources@acog.org)

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- Cancer of the Ovary:** Patient education pamphlet (AP096). **(Free) \_\_English, \_\_Spanish** *(check one)*
- Reducing Your Risk of Cancer:** Patient education pamphlet (AP007). **(Free) \_\_English, \_\_Spanish** *(check one)*

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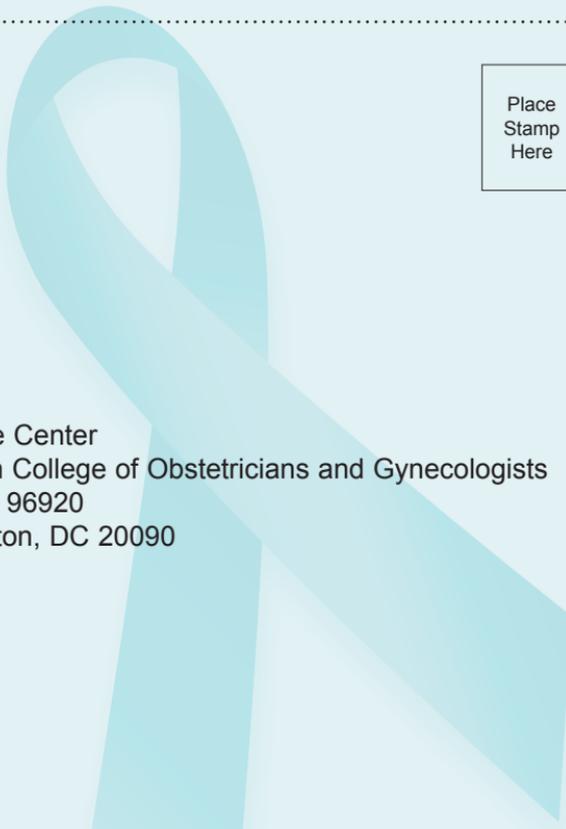
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Resource Center  
American College of Obstetricians and Gynecologists  
P.O. Box 96920  
Washington, DC 20090

## CancerCare

800.813.HOPE (4673) • [cancercare.org](http://cancercare.org) • [info@cancercare.org](mailto:info@cancercare.org)

View all CancerCare's ovarian cancer related information and support services at [www.cancercare.org/diagnosis/ovarian\\_cancer](http://www.cancercare.org/diagnosis/ovarian_cancer)

**Publications:** Written by experts, our easy-to-read booklets and fact sheets provide reliable, up-to-date information about a wide range of cancer-related topics including publications specifically focused on ovarian cancer, such as:

- Clinical Trials for Women with Ovarian Cancer (Free)** \_\_English, \_\_Spanish (*check one*)
- Medical Update on Ovarian Cancer (Free)** English
- Connect® Education Workshops:** Listen in live by telephone or online to these one-hour workshops as leading experts in oncology provide up-to-date information about cancer-related issues. Podcasts are also available.

- **Counseling:** Professional oncology social workers help you and your loved ones manage the emotional and practical challenges of cancer.
- **Financial Assistance:** Limited assistance is available to eligible individuals for treatment-related costs such as transportation, childcare, and insurance co-payments.
- **Support Groups:** Led by professional oncology social workers, our support groups allow you to connect with others in similar situations to share information and experiences.

Access these resources on our website: [www.cancercare.org](http://www.cancercare.org)

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Cancer Care  
275 Seventh Avenue  
New York, NY 1001



## Centers for Disease Control and Prevention (CDC)

1.800.CDC.INFO • [cdc.gov/cancer/knowledge](http://cdc.gov/cancer/knowledge) • [cancerinfo@cdc.gov](mailto:cancerinfo@cdc.gov)

**Facts sheets:** One-page fact sheets offer general information about signs, symptoms, risk factors, and prevention strategies

- Cervical Cancer Fact Sheet **(Free)** \_\_English, \_\_Spanish *(check one)*
- Ovarian Cancer Fact Sheet **(Free)** \_\_English, \_\_Spanish *(check one)*
- Uterine Cancer Fact Sheet **(Free)** \_\_English, \_\_Spanish *(check one)*
- Vaginal and Vulvar Cancers Fact Sheet **(Free)** \_\_English, \_\_Spanish *(check one)*
- **Get the Facts About Gynecologic Cancer:** A comprehensive brochure that includes in-depth information on the five main gynecologic cancers: cervical, ovarian, uterine, vaginal, and vulvar cancers. **(Free)** \_\_English, \_\_Spanish *(check one)*
- **Gynecologic Cancer Symptoms Diary:** A symptoms chart and diary to help women track any symptoms they may be having. Check your size preference: \_\_wallet size (folded) or \_\_large postcard size **(Free)** \_\_English, \_\_Spanish *(check one)*

Preview, download and print all of our fact sheets, brochures, posters, and other materials at:

**[www.cdc.gov/cancer/knowledge/print\\_materials.htm](http://www.cdc.gov/cancer/knowledge/print_materials.htm)**

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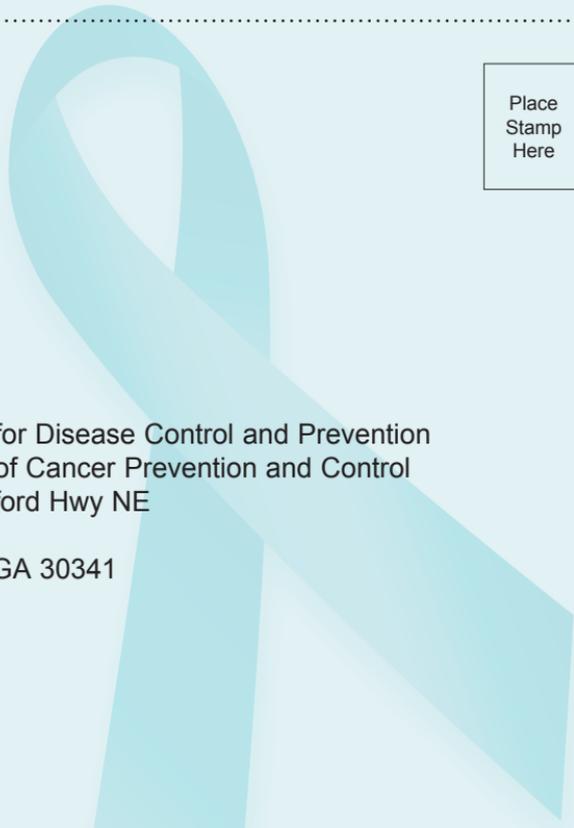
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Centers for Disease Control and Prevention  
Division of Cancer Prevention and Control  
4770 Buford Hwy NE  
MS K-64  
Atlanta, GA 30341



## Force: Facing Our Risk of Cancer Empowered

866.288.RISK (7475) • [facingourrisk.org](http://facingourrisk.org) • [info@facingourrisk.org](mailto:info@facingourrisk.org)

All of these resources can also be downloaded from our website:

- Confronting Hereditary Breast and Ovarian Cancer:** Book that gives “previvors,” survivors, and their family members the guidance they need to face the unique challenges of hereditary cancer. Order from Amazon. **(English)**
- Genetic Information, Privacy & Discrimination:** Explains your protections under GINA, which protect against discrimination, and lists resources for people concerned about genetic discrimination **(Free) English**
- If Breast or Ovarian Cancer Runs in Your Family:** Brochure discusses the basics of hereditary cancers, including signs, genetic counseling and genetic testing **(Free) English**
- Signs of Hereditary Breast and Ovarian Cancer:** Printable flyer 8 ½ x 11 **(Free) \_\_ English, \_\_ Spanish** (*check one*)
- What Every Woman with Ovarian Cancer Should Know:** Brochure provides information about hereditary ovarian cancer, including information on BRCA and HNPCC hereditary syndromes, genetic counseling and testing **(Free) English**
- Ask a Genetic Counselor:** If you would like to ask a general question to a board-certified genetic counselor call toll-free: 866-288-7475, ext.704 (English); ext. 720 (Spanish) **(Free) English, Spanish**
- National E-News Update:** Sign-up by visiting: [www.facingourrisk.org/about\\_us/connect-with-us.php](http://www.facingourrisk.org/about_us/connect-with-us.php) **(Free) English**

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Force: Facing Our Risk of Cancer Empowered  
16057 Tampa Palms Boulevard  
PMB #373  
Tampa, FL 33647



## Foundation for Women's Cancer

312.578.1439 • [foundationforwomenscancer.org](http://foundationforwomenscancer.org) • [info@foundationforwomenscancer.org](mailto:info@foundationforwomenscancer.org)

- Are You at Risk for Ovarian Cancer? A Woman's Guide:** This brochure explains ovarian cancer symptoms, risk factors and what you can do to reduce your risk. **(Free) English**
- Ovarian Cancer National Resource List: Brochure:** Overview and contact information for all national ovarian cancer advocacy organizations. **(Free) \_\_English, \_\_Spanish** *(check one)*
- Understanding CA 125 Levels: A Guide for Ovarian Cancer Patients:** This brochure offers an easy-to-understand explanation of CA 125 levels. It also explores the variety of situations during which a CA 125 test may be administered, such as during the course of the diagnosis, treatment and follow-up of ovarian and other closely related cancers, like primary peritoneal and fallopian tube cancers. **(Free) English**
- Understanding Ovarian Cancer: A Woman's Guide:** This thorough resource explores a variety of topics related to ovarian cancer, such as: risk factors, treatment, the importance of participation in clinical trials, recurrent disease, tips for coping, hopeful messages from survivors, and resources for more information. **(Free) English**
- Understanding Your Risk of Ovarian Cancer:** This brochure describes the symptoms of ovarian cancer, your personal level of risk and screening and prevention strategies that can reduce the risk **(Free) English**
- Other:** For a complete list of resources related to ovarian and other gynecologic cancers, including free downloads of our educational materials, log on to [foundationforwomenscancer.org](http://foundationforwomenscancer.org) or call 312.578.1439.

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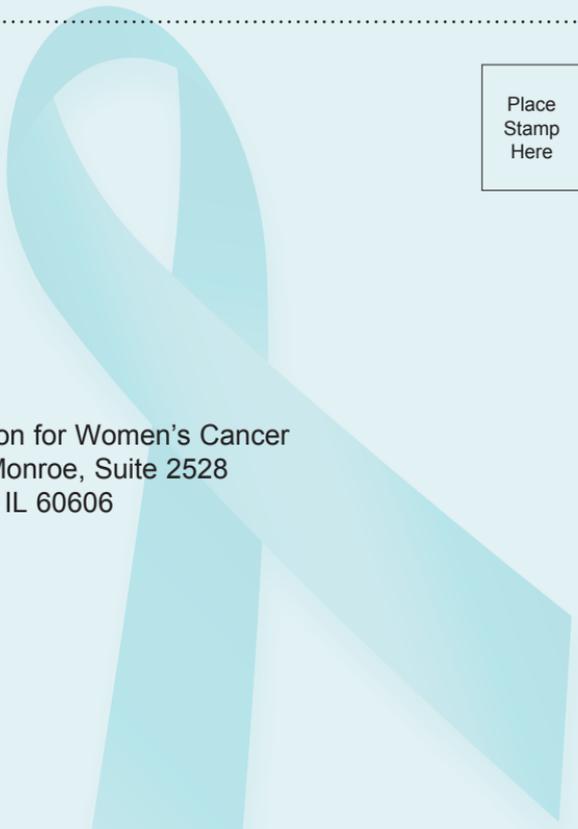
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Foundation for Women's Cancer  
230 W. Monroe, Suite 2528  
Chicago, IL 60606

## Gilda Radner Familial Ovarian Cancer Registry

716.845.4503 • [ovariancancer.com](http://ovariancancer.com) • [gradner@roswellpark.org](mailto:gradner@roswellpark.org)

- Ovarian Cancer Awareness Pin:** Teal metal ribbon label pin. Call or email to order. **(\$1)**
- Prescreen Questionnaire:** Questionnaire regarding your family medical history to determine eligibility to join the Gilda Radner Familial Ovarian Cancer Registry. **(Free) English**
- Q & A Brochure:** Answers to frequently asked questions about ovarian cancer through the Gilda Radner Familial Ovarian Cancer Registry. **(Free) English**
- Symptoms & Early Detection of Ovarian Cancer Bookmark:** Symptoms and early detection of ovarian cancer. **(Free) English**
- Gilda Radner Familial Ovarian Cancer Registry Newsletter:** Newsletter with information for women at high risk of ovarian cancer. Call or email to sign up. **(Free) English**
- Hotline:** To speak to a trained cancer specialist about ovarian cancer call 1-800-OVARIAN at Roswell Park Cancer Institute. **(Free) English**

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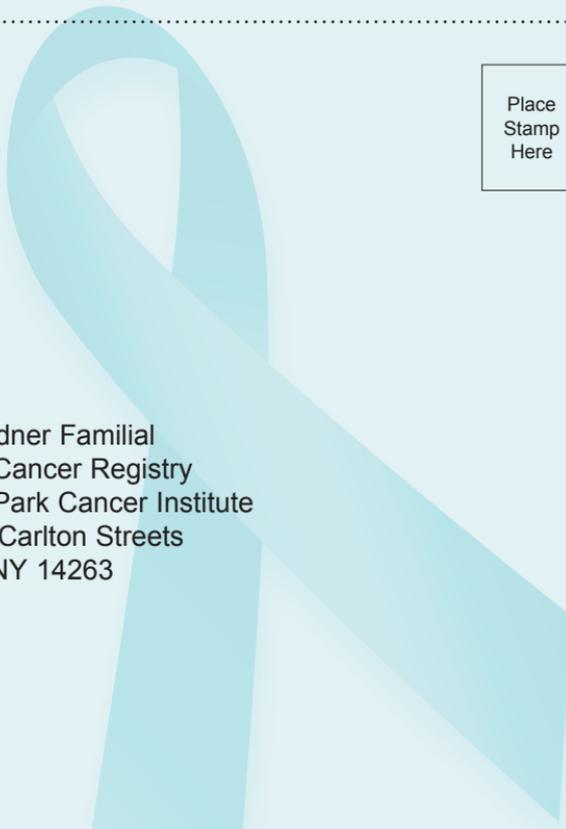
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Gilda Radner Familial  
Ovarian Cancer Registry  
Roswell Park Cancer Institute  
Elm and Carlton Streets  
Buffalo, NY 14263

## Lynne Cohen Foundation for Ovarian Cancer Research

877.OVARY.11 or 877.682.7911 • [lynnecohenfoundation.org](http://lynnecohenfoundation.org) • [info@lcfocr.org](mailto:info@lcfocr.org)

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- Ovarian and Breast Cancer Awareness Card:** Information on: warning signs, screenings, diagnosis, surgery and treatment. **(Free) English**

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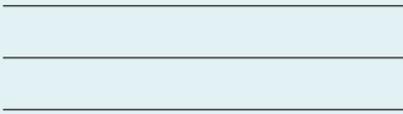
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Lynne Cohen Foundation  
for Ovarian Cancer Research  
P.O. Box 7128  
Santa Monica, CA 90406

# National Coalition for Cancer Survivorship (NCCS)

301.650.9127 • canceradvocacy.org • info@canceradvocacy.org

- Cancer Survival Toolbox CD:** Free audio program designed to help cancer survivors, and caregivers develop the practical tools to deal with the diagnosis, treatment and challenges of cancer. **(Free) \_\_English, \_\_Spanish** *(check one)*
- Self-Advocacy: A Cancer Survivor's Handbook:** Focuses on self-training steps and tools to assist and empower individuals dealing with cancer. **(Free, English)**
- Teamwork: The Cancer Patient's Guide To Talking With Your Doctor Brochure:** A guide for good communication that provides a list of sound, practical questions that patients can use when talking with their health care team. **(Free) \_\_English, \_\_Spanish** *(check one)*
- What Cancer Survivors Need to Know about Health Insurance:** Explains the many types of insurance and how cancer survivors can get the most out of their coverage. Contains information about how the Affordable Care Act impacts cancer survivors. **(Free) \_\_English, \_\_Spanish** *(check one)*
- You Have the Right to Be Hopeful:** A workbook presenting ideas about how individuals define hope for themselves and offers a place for survivors to chronicle and reflect on their cancer journey. **(Free) \_\_English, \_\_Spanish** *(check one)*
- NCCS Pocket Cancer Care Guide:** This iPhone mobile app allows cancer survivors and caregivers to easily build lists of practical questions to guide conversations with their healthcare providers and link customized lists to their phone calendar. **(Free download from iTunes)**

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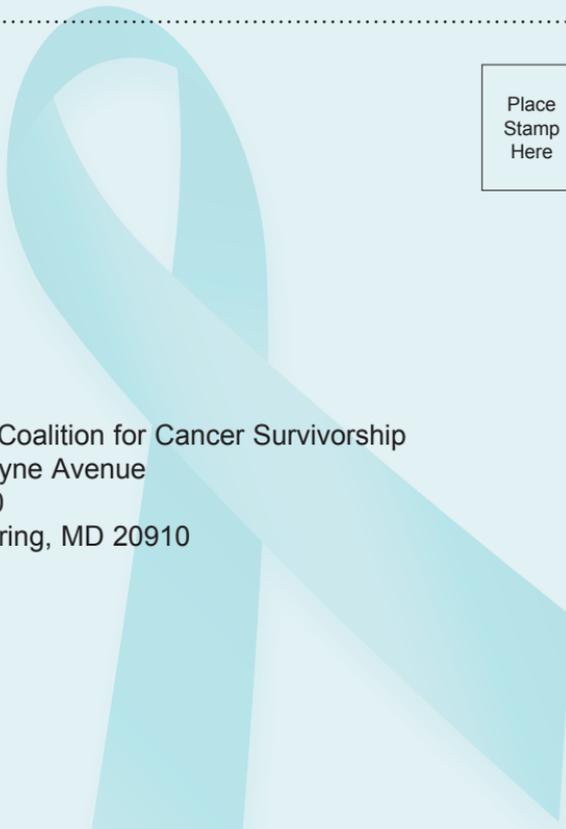
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National Coalition for Cancer Survivorship  
1010 Wayne Avenue  
Suite 770  
Silver Spring, MD 20910

## National Ovarian Cancer Coalition (NOCC)

888.OVARIAN • ovarian.org • nocc@ovarian.org

- Ovarian Cancer Resource Guide For Women With Recurrent Disease:** Guide for women experiencing recurrence of ovarian cancer. Includes information on clinical trials, tips for managing treatment side effects, and quality of life guidelines. **(Free) English**
- Ovarian Cancer Risk Factors and Symptoms Card:** Business size card that briefly lists risk factors, symptoms, and facts about ovarian cancer. **(Free) \_\_English, \_\_Spanish** *(check one)*
- Ovarian Cancer Risk Factors and Symptoms Bookmark:** Information on symptoms, risks factors, and facts about ovarian cancer. **(Free) \_\_English, \_\_Spanish** *(check one)*
- Teal Packets:** Includes Ovarian Cancer Resource Guide For Newly Diagnosed Women, Stories of Hope DVD, and other comfort items to provide encouragement during a woman's ovarian cancer journey. **(Free, English, DVD Available in \_\_English, \_\_Spanish** *(check one)*
- What Everyone Should Know About Ovarian Cancer:** Educational brochure about ovarian cancer risks, symptoms, detection and treatment. **(Free) \_\_English, \_\_Spanish** *(check one)*
- When Your Loved One has Ovarian Cancer:** Caregiver booklet designed to provide answers for you to best help your loved one as she adjusts to life after a diagnosis of ovarian cancer. **(Free) English**

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National Ovarian Cancer Coalition  
2501 Oak Lawn Avenue  
Suite 435  
Dallas, TX 75219



## Ovarian Cancer Canada | Cancer de l'ovaire Canada

877.413.7970 or 416.962.2700 • [ovariancanada.org](http://ovariancanada.org) • [info@ovariancanada.org](mailto:info@ovariancanada.org)

- Ovarian Cancer: Knowledge Is Power\***: A newly re-designed education program for the general public, corporate employees and health care professionals aimed at transferring knowledge about ovarian cancer including relevant risk factors, signs and symptoms and what to do. **(Free)** \_\_English, \_\_French *(check one)*
- Resource Materials & Exhibits**: Fact sheets on ovarian cancer developed for the public as well as health care professionals are distributed at trade shows, wellness fairs, medical conferences and other events in which Ovarian Cancer Canada participates. **(Free)** \_\_English, \_\_French *(check one)*
- You are Not Alone**: A resource kit that includes a book and DVD for women who have been diagnosed with ovarian cancer. **(Free)** \_\_English, \_\_French *(check one)*
- Family Physician Education (CME)**: An online and face-to-face accredited continuing education course has been developed in partnership with Memorial and McMaster Universities. **(Free)** \_\_English, \_\_French *(check one)*
- Newsletter & E-news**: The "Seeds of Hope" print newsletter is published twice per year. Our Seeds of Hope Newswire is sent monthly with timely announcements, research updates and shares compelling stories about our engaged stakeholders. You can sign up for either on our website or by contacting your nearest regional office. **(Free)** \_\_English, \_\_French *(check one)*

\*Denotes programs offered only in Canada.

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Ovarian Cancer Canada | Cancer de l'ovaire Canada  
145 Front Street East  
Suite 205  
Toronto, ON M5A 1E3  
Canada

## Ovarian Cancer National Alliance (OCNA)

202.331.1322 • [ovariancancer.org](http://ovariancancer.org) • [ocna@ovariancancer.org](mailto:ocna@ovariancancer.org)

- Fact Sheets:** Addresses frequently-asked questions, statistics, comparison of ovarian to other cancers and more. **(Free download from [ovariancancer.org](http://ovariancancer.org), English)**
- Subscribe to the Ovarian Cancer National Alliance's E-Newsletter:** Keep current on issues, ideas and action from the Alliance. Our updates include news about ovarian cancer, invitations to webinars and events, and opportunities to take action in support of women with ovarian cancer. Please provide your e-mail address here: \_\_\_\_\_
- Symptoms Cards:** Awareness cards that identify the symptoms and key facts about ovarian cancer. **(Costs vary depending on order, English and Spanish, order at 877-735-2974)**
- **Ovarian Cancer Symptom Diary App:** This first-of-its-kind application allows a woman to track symptoms that could indicate ovarian cancer, and alerts her if she should make an appointment with her doctor for further testing. **(Free download from [ovariancancer.org/app](http://ovariancancer.org/app), English)**
- **Partner Members:** Our 61 Partner Members provide support services, expand and enhance research funding, and educate their communities about ovarian cancer. **(Locate your nearest Partner Member at [ovariancancer.org/resources/partner-members](http://ovariancancer.org/resources/partner-members))**

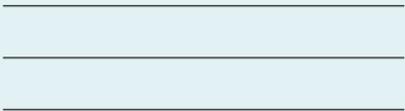
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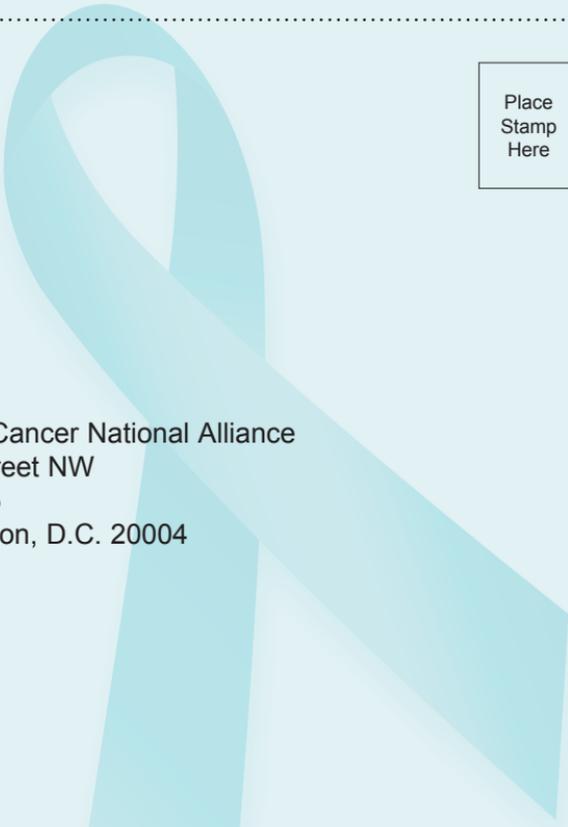
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Ovarian Cancer National Alliance  
901 E Street NW  
Suite 405  
Washington, D.C. 20004



# Ovarian Cancer Research Fund (OCRF)

800.873.9569 • [ocrf.org](http://ocrf.org) • [info@ocrf.org](mailto:info@ocrf.org)

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## Fact Sheets

- About Clinical Trials (Free) English**
- About Ovarian Cancer (Free) \_\_English, \_\_Spanish (check one)**
- OCRF's Research Accomplishments (Free) English**
- Why Fund Research? (Free) English**
- Join our Mailing List.** Please provide your e-mail address below: **(Free) English**  
\_\_\_\_\_
- Newsletters:** Subscribe to the OCRF e-newsletter, In the Know, to get updates about OCRF and the latest on ovarian cancer research. Please provide your e-mail address here: **(Free) English**  
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- Ovarian Cancer Information Packet:** Information on ovarian cancer and OCRF. **(Free) English**
- Signs and Symptoms of Ovarian Cancer Bookmark (Free) English**

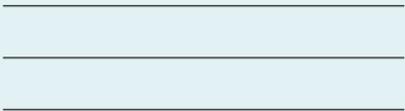
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Ovarian Cancer Research Fund  
14 Pennsylvania Plaza  
Suite 1710  
New York, NY 10122



## Patient Advocate Foundation (PAF)

800.532.5274 • [patientadvocate.org](http://patientadvocate.org) • [help@patientadvocate.org](mailto:help@patientadvocate.org)

- First My Illness, Now Job Discrimination:** An understandable text explaining consumer strategies to follow to overcome the problem of job discrimination. **(Free)** \_\_English, \_\_Spanish *(check one)*
- Managed Care Answer Guide:** A glossary of managed care terms, questions to ask insurers prior to selection of an insurance plan and questions to ask at the time of diagnosis. **(Free)** \_\_English, \_\_Spanish *(check one)*
- National Financial Resource Guide: A State-by-State Directory:** Guide to assist patients who are seeking financial relief for a broad range of needs including housing, medical treatment, childcare and interim funds to satisfy the cost associated to a chronic illness. **(Free)** \_\_English, \_\_Spanish *(check one)*
- Your Guide to the Appeals Process:** Guide that features sample appeals letters, specific strategies to use when negotiating the internal and external appeal processes and other helpful information about the appeals process. **(Free)** \_\_English, \_\_Spanish *(check one)*

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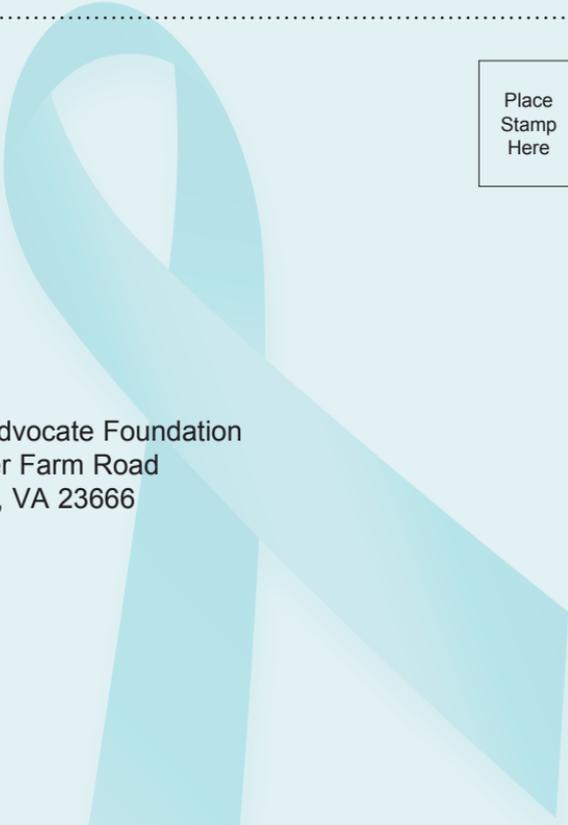
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Patient Advocate Foundation  
421 Butler Farm Road  
Hampton, VA 23666



## SHARE: Self-help for Women with Breast or Ovarian Cancer

212.719.364 or 212.719.0364 • [sharecancersupport.org](http://sharecancersupport.org) • [info@sharecancersupport.org](mailto:info@sharecancersupport.org)

- “Already Diagnosed with Ovarian Cancer” Card:** Large bookmark-sized card noting free resources provided via SHARE’s Ovarian Helpline. **(Free) \_\_English, \_\_Spanish** *(check one)*
- “Know Your Body” Card:** Large bookmark-sized card noting ovarian cancer symptoms and suggested next steps. **(Free) \_\_English, \_\_Spanish** *(check one)*
- SHARE’s monthly e-newsletter: (Free) English**  
Subscribe at [sharecancersupport.org/subscribe](http://sharecancersupport.org/subscribe) or provide your email address here to sign up:  
\_\_\_\_\_
- Symptom Card:** Wallet-sized information card noting ovarian cancer symptoms and facts. **(Free) \_\_English, \_\_Spanish** *(check one)*
- 1-866-53-SHARE Toll-Free Helpline:** Ovarian Cancer Helpline answered by informed ovarian survivors seven days per week, serving women across the U.S. **(Free) English, Spanish**
- SHARE’s web site:** Provides information and resources for anyone touched by ovarian cancer: [www.sharecancersupport.org/ovarian](http://www.sharecancersupport.org/ovarian) **(Free) English**

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SHARE: Self-help for Women with Breast  
or Ovarian Cancer  
1501 Broadway, Suite 704A  
New York, NY 10036

*The following organizations do not provide materials via mail.*

## American Cancer Society (ACS)

800.227.2345 • [cancer.org](https://www.cancer.org)

- **All About Ovarian Cancer Online:** Provides overview, resources, questions to ask your doctor, clinical trial information, research updates and more. **(Free) English, Spanish**
- **Cancer Survivors Network:** Offers an online community with stories, personal Web pages, discussions and chats. Also offers a resource library. **(Free) English, Spanish**

## Cancer Support Community

888.793.9355 • [cancersupportcommunity.org](http://cancersupportcommunity.org) • [help@cancersupportcommunity.org](mailto:help@cancersupportcommunity.org)

- **Free printed material on various topics related to living with cancer** and of interest to people with cancer, their family members and friends and health care professionals. Order at [orders.cancersupportcommunity.org](http://orders.cancersupportcommunity.org) **(Free) English, Spanish**
- **Online Support Groups:** Real time free online support groups facilitated by a licensed mental health professional. For more information about available groups and to register, visit [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org) **(Free) English**
- **Telephone Helpline for people with cancer, family and friends:** Information about the social and emotional aspects of a cancer diagnosis, referral to local, regional and national resources, treatment decision support program, and short term supportive counseling: 888.793.9355. **(Free) English, Spanish**

## CONVERSATIONS!

### The International Ovarian Cancer Connection

210.401.1604 • [ovarian-news.org](http://ovarian-news.org) • [conversations@ovarian-news.org](mailto:conversations@ovarian-news.org)

- **CONVERSATIONS! The Newsletter for Those Fighting Ovarian Cancer:** Newsletter to provide caring, sharing, hope, healing, humor and support of those fighting ovarian cancer and other related illnesses. **(Free), English**
- **Ovarian Cancer HOPE Pin:** One free pin will be given to those who subscribe to the newsletter AND make a \$50 donation. Otherwise, pins cost \$5.

## EyesOnThePrize.org Support for Gynecologic Cancer

[eyesontheprize.org](http://eyesontheprize.org) • [info@eyesontheprize.org](mailto:info@eyesontheprize.org)

- **Brochures and Bookmarks:** Available on request. **(Free) English**
- **EyesOnThePrize.org Support and Information for Gynecologic Cancer web site:** Survivor stories, answers to questions, resources, discussion about cervical, uterine, ovarian, vulvar, gestational, and other reproductive cancers including: survivor point-of-view on diagnosis, treatment, side-effects, life after cancer for ovarian and other gynecologic cancers, links to related sites, database of “on-the-ground” local GYN cancer support groups. **(Free) English**
- **Private Email Discussion List:** Open to women with gynecologic cancers, their families and friends, and healthcare providers to subscribe: [eyesontheprize-subscribe@yahoogroups.com](mailto:eyesontheprize-subscribe@yahoogroups.com). **(Free) English**
- **Special Focus on Ovarian Cancer Section:** [eyesontheprize.org/ovarian-cancer](http://eyesontheprize.org/ovarian-cancer). **(Free) English**

## The National Cancer Institute

1.800.422.6237 • [cancer.gov](http://cancer.gov) • [cancer.gov/contact](http://cancer.gov/contact)

The National Cancer Institute (NCI), a component of the National Institutes of Health (NIH), is the Nation's principal agency for cancer research and is responsible for coordinating the National Cancer Program. Relevant publications include:

- **BRCA1 and BRCA2: Cancer Risk and Genetic Testing:** Discusses BRCA1 and BRCA2 gene mutations (changes) and how they affect a person's risk of cancer, genetic testing for cancer risk, the interpretation of test results, and the benefits and risks of genetic testing. **(Free) English**
- **Prevention Summary for Patients on Ovarian Cancer:** This summary of information from PDQ, the NCI's comprehensive cancer information database, discusses factors that may influence the risk of developing ovarian cancer and research aimed at the prevention of this disease. **(Free) English**
- **Screening Summary for Patients on Ovarian Cancer:** This summary discusses risk factors and screening tests for ovarian cancer. **(Free) English**
- **Treatment Summary for Patients on Ovarian Epithelial Cancer:** This summary discusses treatment options for ovarian cancer and outlines treatment by stage. **(Free) English, Spanish**
- **Treatment Summary for Patients on Ovarian Germ Cell Tumors:** This summary discusses treatment options for ovarian germ cell tumors and outlines treatment by stage. **(Free) English, Spanish**
- **What You Need To Know About Ovarian Cancer:** Describes treatment options, types of cancer doctors, second opinion, follow-up care, and sources of support for person recently diagnosed with cancer. Questions to ask the doctor are also included. **(Free) English**

U.S. residents can order NCI publications by calling the NCI's Cancer Information Service (CIS) at 1-800-422-6237 or by visiting the NCI Publications Locator website at [cancer.gov/publications](http://cancer.gov/publications).

**Office on Women's Health**  
**Department of Health & Human Services (OWH)**

800.994.9662 • [womenshealth.gov](http://womenshealth.gov) • [womenshealth.gov/contact-us](http://womenshealth.gov/contact-us)

- **National Women's Health Information Center:** Online federal government source for Women's health information. Referrals and financial assistance available through our call center. **(Free)**  
**English, Spanish**

## Ovarian Plus International: Gynecologic Cancer Prevention Quarterly

703.644.3162 • [monitor.net/ovarian](http://monitor.net/ovarian) • [csinnex@yahoo.com](mailto:csinnex@yahoo.com)

- **Gynecologic Cancer Prevention Quarterly Newsletter:** Information on detection, prevention, international research, first-person articles and the importance of correct specialty care. Call or email to sign up. (**\$12.50 per issue, English**)

## Ovarian Problems Discussion List

212.226.5525 • [acor.org](http://www.acor.org) • [ovarian-request@listserv.acor.org](mailto:ovarian-request@listserv.acor.org)

- **Ovarian Problems Discussion List:** An e-mail support group for women with ovarian cancer and related problems. Caregivers, family members and friends are welcome to join and participate in the discussions. The group started in 1995 and currently has over 1300 subscribers. It provides support and extensive information via e-mail. The list is supported by the Association of Cancer Online Resources.

To subscribe, go to [www.acor.org](http://www.acor.org) and locate the Ovarian list under "Mailing Lists".

For help subscribing, you can reach the listowners by writing to [ovarian-request@listserv.acor.org](mailto:ovarian-request@listserv.acor.org).

## Clinical Trials: An Option to Consider

Regardless of where you are in your treatment process, the Foundation for Women's Cancer urges you to learn about the option to participate in a clinical trial. Many of the largest, multi-institutional trials are conducted by the Gynecologic Oncology Group (GOG), an international non-profit group supported by the National Cancer Institute.

**Please visit our website, [foundationforwomenscancer.org](https://www.foundationforwomenscancer.org) to learn more about clinical trials and resources, and view the list of GOG clinical trials accepting new patients.**



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[foundationforwomenscancer.org](http://foundationforwomenscancer.org)  
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